

Fruit of the Spirit

Pursue Patience

Welcome/Prayer

IceBreaker

Jelly Bean Trade

Every person for themselves. Everyone is handed 10 jelly beans. They are to try to get 10 of one color by trading with other people one at a time. First person to get all ten of a color they want

Discussion

Scripture: Exodus 34:6-7; Numbers 14:18; Jonah 4:2; Joel 2:13; Colossians 1:10-12, 3:12-13; 1 Timothy 1:16; James 1:19-20, 4:13-15

- Reflect on the past few days, when have been times you have found yourself growing impatient? Can you recall a moment this week when you grew impatient because people were not meeting your expectations or not conforming to your timetable?
- How do God and the prophets describe Himself? (“slow to anger” ... Old Testament passages)
 - Why is the description of God’s nature of patience important to us?
 - Where do we see God’s “slow to anger” nature in action? (1 Timothy 1:16)
 - Would you describe yourself as “slow to anger”? Why or why not?
- How valuable is your time?
 - What makes it so valuable?
 - How do you think your understanding of time contributes to your impatience?
- What does a quick temper produce? (James 1:19-20)
 - Why is living out the passage in James so difficult for us?
 - What type of person usually tries our patience the most?
 - When does your patience generally “run out”?
- How does the busyness of life contribute to our lack of producing patience?
 - Does James 4:13-15 change our view of time and busyness?
 - How can we be people who wait and live in the Lord’s wishes?
- What must we do to allow God’s patience to become ruler of our life?
- How will others be able to see this difference in our lives and the life of the congregation?

Take it With You Question

Find some time this week to slow down and wait on the Lord’s wishes. Resist the notion to be in a hurry. Make time and space to listen to others.

Closing:

Final Prayer